

# Member Session

9.05 – 11.00

Val Buxton (Parkinson's UK)

# Member workshops



- **What:** these workshops aim to highlight successful activities, challenges, resources and solutions that can be shared across Europe and help improve people's lives.
- **Why:** We need to work together and not reinvent the wheel...
- **The topics:**
  - Supporting self-management
  - Recruiting members and volunteers
  - Changing public attitudes
  - Educating professionals
  - Building multi-functional teams
  - Growing income
- **Why these topics?** They have been chosen based on the members' priorities – as shared with the EPDA via its member outreach conversations

# What we want to get out of this session



- Successful approaches that can be shared more widely
- Learning points and mistakes to avoid
- Useful resources that can be disseminated
- People/organisations who would like to be part of a **'learning group'** on the topic. This means joining a virtual group working on a similar goal by sharing resources, ideas and progress.

# Timings for this session



Time	Activity
9:15 – 9:45	1 <sup>st</sup> Workshop
9:55 – 10:25	2 <sup>nd</sup> Workshop
Comfort Break	
10:35 – 11:00	Feedback / discussion & forum update
11:00 – 11:30	Refreshment break

# Option 1 – Online forum



**Epdamembers**

Home Help Search Members Admin **Profile** Messages Welcome MPDA - Veronica. Logout

epdamembers > members > forum > veronica > Feedback

**View profile - MPDA - Veronica (admin)**

Summary **ACTIVITY** Following Friends Groups Notifications Gift

 **MPDA - Veronica**  
Administrator  
★★★★★

[Edit Profile](#) [Send Message](#) 

Username: admin Member is Online

[Update Status](#)



**Epdamembers**

Home Help Search Members Admin Profile Messages Welcome MPDA - Veronica. Logout

epdamembers > General > General Discussion > Feedback

**General Discussion** [Create Thread](#)

11 Posts 1 Member Select Actions  

Subject	Created By	Replies	Views	Last Post
 Welcome to your new forum	MPDA - Veronica	0	2	by MPDA - Veronica 26 hours ago

**Legend**

 Thread  Announcement  Sticky  Locked  New  Tel  Bookmark

**Board Information & Statistics**

 General Discussion

# Option 1 – Online forum



## Pros:

- Online
- Ability to post new questions, ideas, comments
- MOs subscribed to the forum can reply to each post and upload resources if they wish
- Subscribers will be notified when someone replies / posts etc according to their individual settings
- Logos can be used for easy identification of the organisation / country
- Forum allows you to search for past topics e.g. 'fundraising'

## Cons:

- You will need to log in to this specifically to use it

# Option 2 – Closed Facebook group



## Pros:

- Most people already have a Facebook account and therefore would not need to log into a different website like the forum.
- User friendly and known to most

## Cons:

- People may not want to use their personal profiles
- Not everyone uses Facebook
- You cannot store resources as such but you can save the post