

Rolling out the Parkinson's Disease Composite Scale in health systems

**A tool to improve disease management in your
countries**

EPDA Workshop | 15 November 2017

Why does it matter to you?

- ✓ Captures all areas of PD, including motor, non-motor and treatment induced symptoms
- ✓ Offers a quick evaluation of the symptoms causing the greatest disability
- ✓ Quick (15-20 minutes) and easy to use

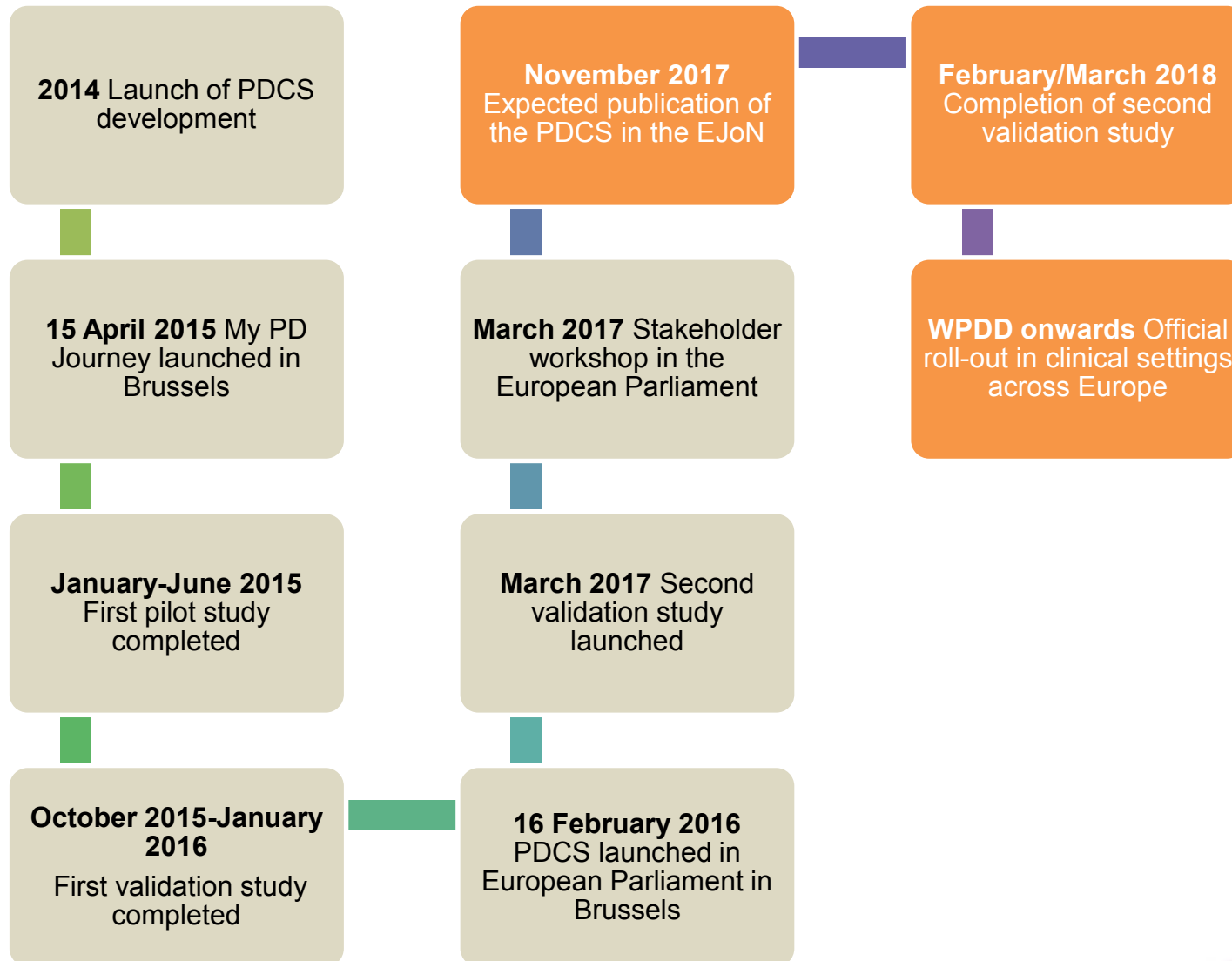


The PDCS will be “rolled out” in some hospitals across Europe next year. The EPDA will work together with its partners to ensure maximum uptake by neurologists.

We believe our members are an important partner in this process, and believe the scale can also help you to:

- ✓ educate your members about PD symptoms
- ✓ help people with PD better understand and increase self-management
- ✓ build awareness in your national healthy ministry or health authority
- ✓ educate non-PD specialist HCPs

Where we stand now

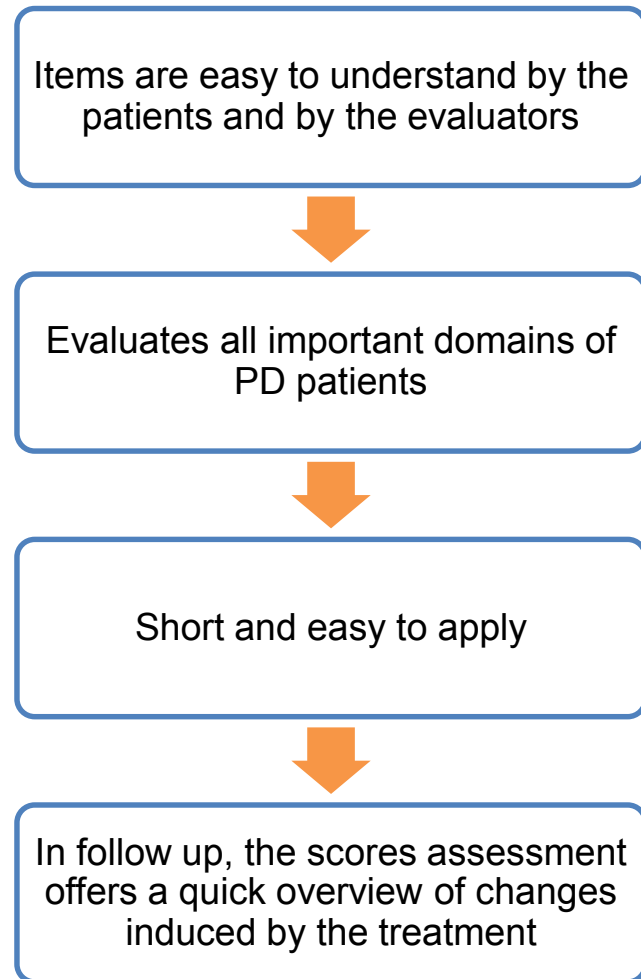


Benefits for disease management

*"The PDCS is an excellent tool for **easy and pragmatic assessment of most relevant symptoms of Parkinson's disease**, which was not available in the past. I'm certain this scale will become a mainstay both in busy clinical practice as well as in research projects necessitating frequent patient follow-up."*

- Matej Skorvanek MD, PhD, Slovakia

Benefits for disease management



When can it be used?

- ✓ In clinical practice on a daily basis if it is demonstrated to correspond statistically with the UPDRS
- ✓ By regulatory authorities for drug trials
- ✓ In ambulatory settings

A neurologist view of the scale



When, how, where should the scale be used?

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My experience as a neurologist

- Easy to use it
- The items were easy to understand by the patients and by the evaluators
- It assesses the 4 domains (motor and non-motor symptoms, treatment complications, disability) which are important in PD by 17 items
- It offers a quick global evaluation of all important domains of PD patients
- At follow up by the scores assessment it offers as well a quick overview of changes induced by the treatment

My recommendations as a neurologist

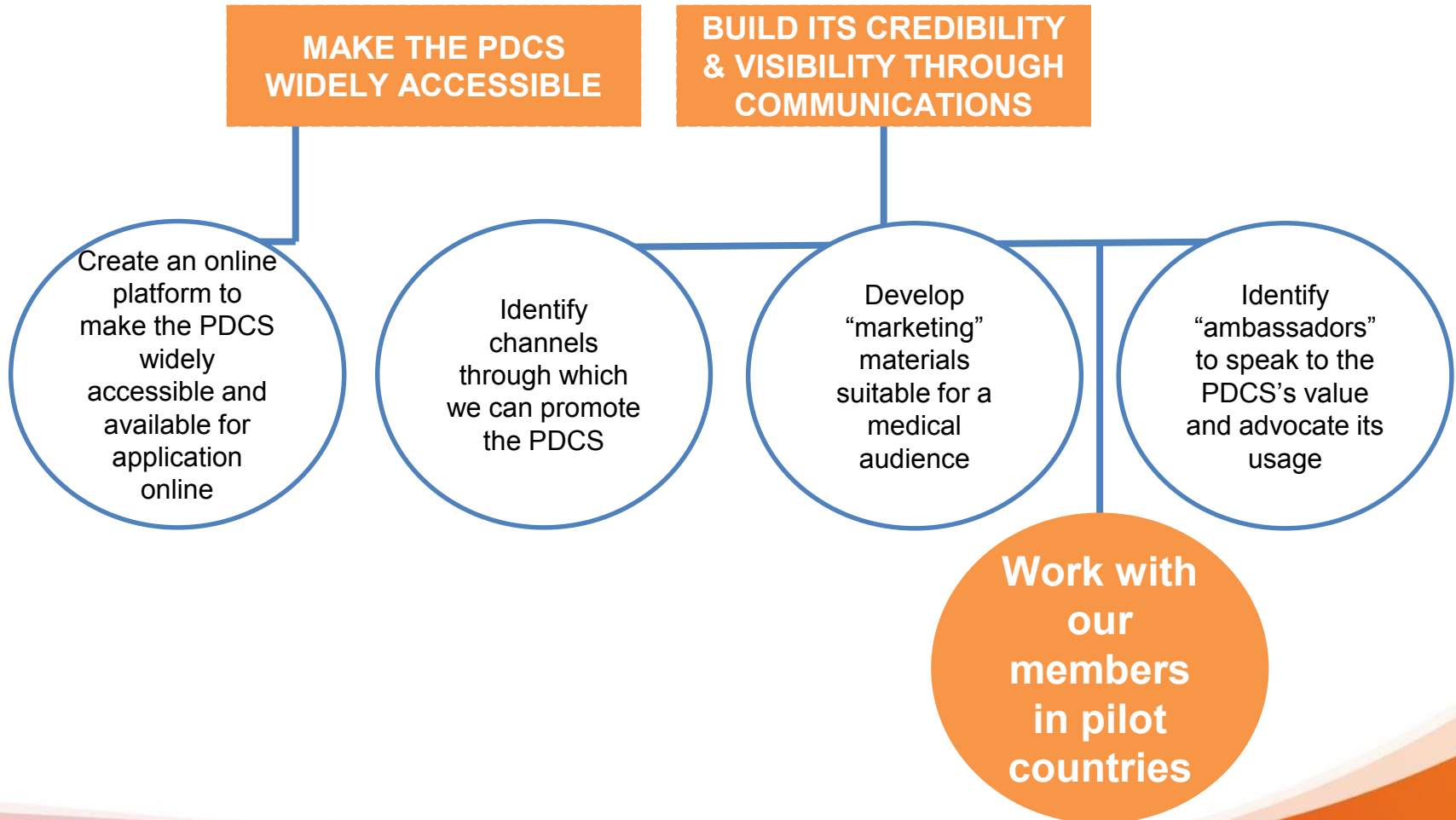
- This new scale could be used in the ambulatory settings
- It offers an easy to use and quick specific perspectives of all items related to the PD and treatment
- The scale has items which are specifically related to the focused areas
- It is a comprehensive tool to assess all the major aspects of PD

A tool for patient empowerment?

- The PDCS was designed for use by neurologists and other healthcare practitioners
- However, the EPDA will consider ways to **adapt the scale to make it more patient-friendly**.
- This could include the creation of an app, so that patients can fill out the form **BEFORE** their consultation, freeing up time for discussion
- Our ability to do this will be based on funding received in the next 2-3 years



Rolling out the PDCS in hospitals across Europe – Our strategy



Activities under consideration

ADDED VALUE

What will make the scale appealing to doctors?

An overview of all symptoms

Fast and easy to use

An “online patient record” to support follow up

ACCESSIBILITY

How do we make it widely accessible?

A website that enables online application

An independent app

Cooperation with validation study doctors

CREDIBILITY & VISIBILITY

How do we promote its added value to “spread the word”

Marketing materials

Our members

“Ambassadors” that can speak to the scale’s value

Political support for the scale as a good practice

Medical conferences & master classes

OPEN DISCUSSION